

HOT DRINKS

AMERICANO	£3.00
CAPPUCCINO	£3.50
FLAT WHITE	£3.30
LATTE	£3.40
ESPRESSO	£2.60
DOUBLE ESPRESSO	£3.00
POT OF ENGLISH BREAKFAST TEA	£2.95
POT OF TEA PIG HERBAL TEA	£3.00
<i>Earl grey, peppermint, chamomile, green tea, lemon and ginger or superfruit tea</i>	
MONBANA HOT CHOCOLATE	£3.30
<i>Add whipped cream and marshmallows + 50p</i>	
MOCHA	£3.80
BULLET PROOF COFFEE	£3.80
<i>The morning energy hit!</i>	
<i>Coffee blended with unsalted butter and coconut oil</i>	
TURMERIC LATTE	£3.60
CHAI LATTE	£3.40
MATCHA LATTE	£3.80
<i>All drinks are available iced!</i>	

Syrups: vanilla, hazelnut, mint, caramel, gingerbread + 50p.

Plant based milks: Oat, coconut, almond milk +50p.

Decaf tea/coffee is available.

SMOOTHIES All £5.50

CHOCOLATE DREAM (Ve)
<i>Cacao, banana, nuts, dates, chia seeds, almond milk and ice</i>
PINA COLADA (Ve)
<i>Pineapple, banana, spinach, chia seeds, and coconut milk</i>
GREEN MACHINE (Ve)
<i>Apple, cucumber, celery, spinach, lemon, and avocado</i>
SUNSHINE SMOOTHIE (Ve)
<i>Pineapple, banana, turmeric, maca powder, and coconut milk</i>
KING OF THE SWINGERS (Ve)
<i>Peanut butter, banana, dates, flax seeds, almond milk and ice</i>
BERRY BLISS (V)
<i>Strawberries, blueberries, banana, chia seeds, honey and almond milk</i>

COLD DRINKS

STILL WATER	£2.00
SPARKLING WATER	£2.50
SANPELLEGRINO	£2.75
<i>Lemon, orange, blood orange, orange and pomegranate</i>	
KOMBUCHA	£3.30
DIET COKE	£2.95
COCA COLA	£3.00
CAWSTON PRESS CAN	£2.75
<i>Elderflower, apple, rhubarb</i>	

COLD PRESSED JUICES

DETOX	£4.50
<i>Apple, cucumber, celery, spinach, lemon and mint</i>	
ROOTS	£4.50
<i>Beetroot, carrot, apple and ginger</i>	
IMMUNITY	£4.50
<i>Orange, carrot, ginger and lemon</i>	
STRAIGHT UP JUICE	£4.00
<i>Orange or apple</i>	

KIDS DRINKS

RISE AND SHINE	£4.50
<i>Strawberries, banana, honey, milk (V)</i>	
POPEYE	£4.50
<i>Pineapple, banana, spinach, coconut milk</i>	
MONKEY NUTS	£4.50
<i>Peanut butter, banana, dates, milk (V)</i>	
CHOC BLAST	£4.50
<i>Chocolate, banana, honey, milk (V)</i>	
KIDS MILK	£2.00
BABYCINO	£1.00
KIDS HOT CHOCOLATE	£2.80
<i>with whipped cream, marshmallows</i>	
KIDS FRESH PRESSED JUICE	£3.00
<i>Orange or apple</i>	